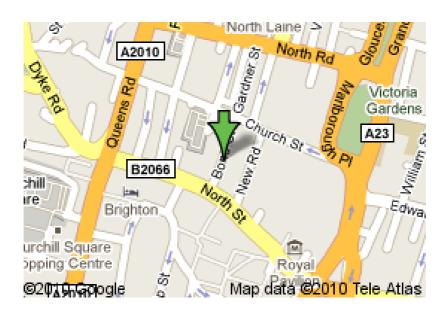


Jing Massage, 28/29 Bond Street, Brighton, BN1 1RD 01273 628 942 info@jingmassage.com

How to find us

The Jing Institute in beautifully situated in the North Laines of Sunny Brighton's town centre. This is a very convenient 5-10 minute walk from the train and bus stations, and from free street parking. Further details are below. To find us on Google Maps, please click here:

http://maps.google.co.uk/maps/place?hl=en&georestrict=input\_srcid %3A8f81e0c21dc42cda



## By Train

One of the best ways to get to us here at Jing is by Train. The new Jing venue is a 5-10 minute walk from the main Brighton train station, simply walk out of the main train station entrance and head down Queens road, take a left onto Church street, and your 4<sup>th</sup> right is Bond Street.

Trains from London Victoria and London Bridge arrive in Brighton every 10-15 minutes, all up to dates schedule information can be found at: http://www.nationalrail.co.uk/

## By Car

Head from the M23 towards Brighton town centre, and sea front via the A23. As you get to Grand Parade (on the A23) there is a large roundabout with the Brighton Pavilions straight in front of you, as you come around the roundabout do not go straight on past Pavilion, but take the first exit(right) up Church Street. Then take your fourth left called Portland Street, then take a left onto North Street, and left onto Bond Street – we are 28/29. The area is full of one-way streets, so please remember to bring a map with you!

There are loading bays directly outside the venue if you need to drop off any heavy equipment. There is NO free parking on Bond Street.

## **Parking in Brighton**

I have attached a document outlining the free areas of parking in Brighton – this area is a convenient 5-10 minute walk from the new centre.

There is also a free park and ride at Withdean, this is just off the A23 as you enter Brighton. For further details please click here:

http://www.brighton-hove.gov.uk/index.cfm?request=c1000782

If you would like to use a car park – be warned, the cost will vary from £6-£20 per day depending on where you use. For a comprehensive list of all local car parks please click the below link:

http://en.parkopedia.co.uk/parking/uk/brighton\_pavillion/

If you are staying in one of the local B and B's they normally offer parking either on a first come first serve basis, or at a rate of £6 per day – if you are interested please ask for our comprehensive accommodation list.

## By Plane

The nearest airport to Brighton is Gatwick airport. There are regular trains directly from the airport to Brighton. The journey takes approximately 35 minutes.

For further information please contact the office on 01273 628 942, or email on info@jingmassage.com.

For information on the local Brighton area please contact Visit Brighton at www.visitbrighton.com or by phone on 01273 290 337