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BTEC Level 6

JING

ADVANCED MASSAGE
TRAINING

**ADVANCED CLINICAL AND SPORTS
MASSAGE TRAINING 2014-2016**

www.jingmassage.com

Discover your own Jing journey!

JING HAS SOMETHING FOR EVERYONE, EVERYWHERE...

Travel with us to London, Edinburgh, Kendal, Wigan or join us at Jing in Brighton. We offer a BTEC Level 6 Diploma, post graduate certificates and short CPD courses. When we can't all be together, we can meet online.

Jing has devised some breakthrough online courses including: **THE JING METHOD: treating low back pain with advanced clinical and sports massage.**

Stay up to date with what's going on with **Jing TV**, our weekly show, brought to you by Jing Directors - Meghan Mari and Rachel Fairweather. Check it out on our website or subscribe at iTunes. Tune in and get turned on to all that massage is about.

Jing is there for you, every step.
We hope to see you soon.



Meghan Mari BA, MA, LMT.

Rachel Fairweather BA, LMT, AOS, CQSW.



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JING ADVANCED MASSAGE TRAINING

28/29 Bond Street, Brighton BN1 1RD
info@jingmassage.com

01273 628942

www.jingmassage.com



The Jing journey, where do I start?

BODYWORK BEGINNINGS - THE JING WAY

9 DAYS: SATURDAY 7 - SUNDAY 15 MARCH 2015
(INCLUDING 2 SELF STUDY DAYS)

**A STAND-ALONE COURSE
OR PREREQUISITE TO THE JING ACMT
AND/OR BTEC LEVEL 6 PROFESSIONAL
DIPLOMA.**

Do you want to become a massage therapist? Have a career that you love and the ability to treat common aches and pains like bad backs, headaches and neck and shoulder pain?

Maybe you are a Pilates instructor, yoga teacher or acupuncturist who is already in the complementary therapist field and you require more hands on skills? Then this course is for you.

A nine day intensive, led by internationally acclaimed teachers and authors Meghan Mari and Rachel Fairweather will introduce you to the magical world of advanced clinical massage. Gain all the hands on skills you need to start treating real people, learning both relaxation massage and the tools to set you on your journey of working with people in pain.

Following this course you can continue your journey with our degree level course in advanced clinical and sports massage and become one of the UK's most highly qualified experts in treating soft tissue pain.

PRICE: £775 +VAT

when paid before 31 January 2015

PRICE: £995 +VAT

after 31 January 2015



Postgraduate qualifications



CERTIFICATE IN ADVANCED CLINICAL MASSAGE

24 DAYS - 9 MODULES
OVER 10-12 MONTHS

If you have already qualified in some form of bodywork and want to become an expert in the treatment of soft-tissue pain, this course is for you. Jing's method of Advanced Clinical Massage employs integrative sports and eastern massage allowing you to treat any type of client.

You can work with anyone, from elite athletes, to those suffering with common pathologies. These modules constitute year 1 of BTEC Level 6.



PROFESSIONAL DIPLOMA IN ADVANCED CLINICAL AND SPORTS MASSAGE BTEC LEVEL 6

20 MODULES OVER 3 YEARS
FLEXIBLE PART-TIME

We are proud to have designed the first and only BTEC Level 6 in Clinical and Sports Massage Therapy - the highest level of education in the field in the UK. Now massage therapists can get a degree level education and the recognition that accompanies it. This course breaks new ground by incorporating soft-tissue work with orthopaedic assessment, myofascial release, sports massage and Eastern philosophies enabling you to have the most diverse and expert tools available.



CERTIFICATE IN ADVANCED MYOFASCIAL RELEASE

9 DAYS - 3 MODULES OVER 3-6 MONTHS

Jing has been offering courses in MFR for over 10 years in Britain and training therapists in the US since 1999. Having trained with the experts from the US and Europe, Rachel Fairweather has designed a unique course that offers a different approach combining indirect and direct forms of MFR. This enables you to choose what works best for you and your clients. Feel confident working with all types of injuries and many chronic systemic conditions such as Chronic Fatigue, ME, Rheumatoid Arthritis and those in Trauma.





**CERTIFICATE
IN ADVANCED
CLINICAL
MESSAGE**

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Qualify as an Advanced Clinical Massage Therapist

THE BEST OF WHERE EAST MEETS WEST...

The Jing method of Advanced Clinical Massage combines the best of sports and Eastern massage allowing you to treat anyone, from elite athletes, to those suffering with chronic pain conditions such as:

- Chronic Low Back Pain
- Pain from Herniated Disc
- Frozen Shoulder
- RSI
- Knee Pain
- Strain and Sprains
- Osteoarthritis
- Pain from Cervical Disc Pathologies
- Thoracic Outlet Syndrome
- Plantar Fasciitis
- Migraines, Whiplash and more...

THE JING METHOD IS AN OUTCOME BASED MODEL, INCREASING YOUR ABILITY TO REDUCE CLIENT PAIN IN 1-6 TREATMENTS.

Each module covers the relevant anatomy, demystifies the associated pathologies and gives you a proven pain treatment protocol incorporating:

- Trigger Point Therapy
- Shiatsu
- Sports Massage
- Advanced Stretching
- Myofascial Release
- Deep Tissue Work
- Body mechanics to protect yourself

**24 DAYS - 9 MODULES
OVER 10-12 MONTHS**

ALL OF THESE MODULES GIVE CREDIT TOWARDS GAINING YOUR BTEC LEVEL 6 IN ADVANCED CLINICAL AND SPORTS MESSAGE.

PREREQUISITES: Jing Bodywork Beginnings Intensive or a qualification in massage, anatomy and physiology or any discipline where you are insured for hands-on body work.


PRICE: £2,400 +VAT if paid in full

OR MONTHLY PAYMENT PLAN: £600 deposit + 12 monthly payments of £220



CERTIFICATE IN ADVANCED CLINICAL MESSAGE STRUCTURED TRACKS

All courses are in Brighton unless otherwise indicated.

COURSE	AUGUST 2015 ACMT INTENSIVE	TRACK 0214	TRACK 0314	
FOUNDATION IN ADVANCED CLINICAL MESSAGE	 <p>Summer of Love!</p> <p>WEDNESDAY 5 AUGUST to SUNDAY 23 AUGUST</p> <p>2015</p> <p>ACMT INTENSIVE</p>		Friday 12 - Sunday 14 September 2014 and Friday 5 - Sunday 7 December 2014	
LIVING ANATOMY			Friday 24 October 2014	
LOW BACK PAIN			Saturday 25 - Sunday 26 October 2014	
NECK AND SHOULDER PAIN			Thursday 4 - Friday 5 September 2014	Saturday 22 - Sunday 23 November 2014
CARPAL TUNNEL, WRIST AND RSI PAIN			Friday 10 October 2014	Friday 16 January 2015
SHOULDER GIRDLE PAIN			Saturday 11 - Sunday 12 October 2014	Saturday 17 - Sunday 18 January 2015
UPPER BODY THEORY AND PRACTICAL APPLICATION MASTERY			Saturday 8 - Sunday 9 November 2014	Thursday 12 - Friday 13 February 2015
ADVANCED STRETCHING			Friday 12 - Sunday 14 December 2014 or Friday 16 - Sunday 18 January 2015 EDINBURGH	Friday 10 - Sunday 12 April 2015
HIP AND PELVIS PAIN			Thursday 8 - Friday 9 January 2015 or Saturday 14 - Sunday 15 March 2015 EDINBURGH	Thursday 14 - Friday 15 May 2015
LEG, KNEE AND FOOT PAIN			Thursday 5 - Friday 6 February 2015	Thursday 11 - Friday 12 June 2015 or Saturday 16 - Sunday 17 May 2015 EDINBURGH
LOWER BODY PRACTICAL APPLICATION MASTER CLASS AND CLINICAL ASSESSMENT			Thursday 5 - Friday 6 March 2015	Thursday 9 - Friday 10 July 2015
PRACTICAL AND THEORETICAL FINAL EXAM			Wednesday 1 - Thursday 2 April 2015	Wednesday 2 - Thursday 3 September 2015

TRACK 0115	TRACK 0215	TRACK 0315	TRACK 0116
Friday 5 - Sunday 7 December 2014 and Thursday 26 - Saturday 28 February 2015	Thurs 30 April - Sat 2 May 2015 or Wed 20 - Fri 22 May 2015 KENDAL or Fri 12 - Sun 14 June 2015 LONDON	Friday 18 - Sunday 20 September 2015 and Thursday 3 - Saturday 5 December 2015	Thursday 3 - Saturday 5 December 2015 and Thursday 18 - Saturday 20 February 2016
Friday 20 March 2015	Thursday 2 July 2015 KENDAL or Friday 3 July 2015	Friday 16 October 2015	Friday 18 March 2016
Saturday 21 - Sunday 22 March 2015	Saturday 4 - Sunday 5 July 2015	Saturday 17 - Sunday 18 October 2015	Saturday 19 - Sunday 20 March 2016
Saturday 9 - Sunday 10 May 2015	Friday 4 - Saturday 5 September 2015	Saturday 21 - Sunday 22 November 2015	Saturday 16 - Sunday 17 April 2016
Friday 26 June 2015 or Friday 3 July 2015 KENDAL	Sunday 6 September 2015	Friday 15 January 2016	Friday 13 May 2016
Saturday 27 - Sunday 28 June 2015	Thursday 1 - Friday 2 October 2015	Saturday 16 - Sunday 17 January 2016	Saturday 14 - Sunday 15 May 2016
Thursday 30 - Friday 31 July 2015	Thursday 29 - Friday 30 October 2015	Thursday 25 - Friday 26 February 2016	Thursday 16 - Friday 17 June 2016
Friday 9 - Sunday 11 October 2015	Friday 18 - Sunday 20 December 2015	Friday 8 - Sunday 10 April 2016	Friday 22 - Sunday 24 July 2016
Thursday 19 - Friday 20 November 2015	Thursday 4 - Friday 5 February 2016	Thursday 26 - Friday 27 May 2016	Saturday 3 - Sunday 4 September 2016
Saturday 9 - Sunday 10 January 2016	Saturday 12 - Sunday 13 March 2016	Thursday 23 - Friday 24 June 2016	Saturday 1 - Sunday 2 October 2016
Thursday 11 - Friday 12 February 2016	Thursday 28 - Friday 29 April 2016	Thursday 28 - Friday 29 July 2016	Thursday 10 - Friday 11 November 2016
Thursday 10 - Friday 11 March 2016	Thursday 2 - Friday 3 June 2016	Wednesday 14 - Thursday 15 September 2016	Thursday 8 - Friday 9 December 2016





**PROFESSIONAL
DIPLOMA IN ADVANCED
CLINICAL AND SPORTS
MESSAGE BTEC LEVEL 6**

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Finally, a degree-level course that massage therapists can be proud of

3 YEARS PART-TIME WITH FLEXIBLE ATTENDANCE

Jing founders, Rachel and Meghan, both received degrees in Massage Therapy in the US, after completing BAs in Psychology related sciences. This degree level course is the result of their dedication to offer UK massage therapists the same level of education they received.

The course incorporates:

- Clinical Massage Therapy
- Trigger Point Therapy
- Myofascial Release
- Traditional Chinese Medicine
- Sport Massage
- Musculoskeletal Anatomy
- Musculoskeletal Pathology
- Advanced pathology pertaining to systemic conditions such as cancer, heart disease, asthma, diabetes and chronic fatigue
- Techniques used by physiotherapists
- Orthopedic Assessment

- Rehabilitation
- Research methods
- Dissertation supervision

Your ability to gain results will be elevated by participation in specialised clinic days with supervision and feedback from injury and pain management experts.

We will support your business development, by helping you employ the latest marketing methods. The diploma also encompasses the exciting opportunity to carry out original research or a creative project in a specific area of your choice. You will be supported every step of the way to bring out the very best of your unique potential and explore your own passion for bodywork.

PRICE - YEAR 1: £2,400 +VAT
or payment plan

PRICE - YEARS 2-3: £4,250 +VAT
or payment plan: £540 + monthly
payments of £205

Choose your path to qualify...

 fast and furious	the mixed method	 slow and steady
<p>7 DAY INTENSIVE BODYWORK BEGINNINGS THE JING WAY</p> <p>March 7 - 15 2015 [See Page 4]</p>	<p>Prerequisite of level 3, 4 or 5 in massage or bodywork from another institution</p>	<p>Prerequisite of level 3, 4 or 5 in massage or bodywork from another institution or 7 day intensive Bodywork Beginnings the Jing way March 7 - 15 2015</p>
<p>- YEAR 1 -</p> <p>JING ACMT INTENSIVE AUGUST</p> <p>5 - 23 August 2015</p>	<p>- YEAR 1 -</p> <p>JING ACMT INTENSIVE AUGUST</p> <p>5 - 23 August 2015</p>	<p>- YEAR 1 -</p> <p>JING ACMT</p> <p>Starting September 2015 - 2016 1 module per month (See Page 8/9)</p>
<p>- YEAR 2 -</p> <p>September 2015 - 2016</p> <p>Approx 1 taught module per month in Brighton</p>	<p>- YEAR 2 -</p> <p>September 2015 - 2016</p> <p>Approx 1 taught module per month in Brighton</p>	<p>- YEAR 2 -</p> <p>September 2016 - 2017</p> <p>Approx 1 taught module per month in Brighton</p>
<p>- YEAR 3 -</p> <p>Nov 2016 - Sept 2017</p> <p>Work on your own research project with support. Approx 5 tutorials over the year in Brighton</p>	<p>- YEAR 3 -</p> <p>Nov 2016 - Sept 2017</p> <p>Work on your own research project with support. Approx 5 tutorials over the year in Brighton</p>	<p>- YEAR 3 -</p> <p>Nov 2017 - Sept 2018</p> <p>Work on your own research project with support. Approx 5 tutorials over the year in Brighton</p>
<p>December 2017</p> <p>Success! Your degree level qualification in Jing Advanced Clinical and Sports Massage with Springtime graduation, cap and gown.</p>	<p>December 2017</p> <p>Success! Your degree level qualification in Jing Advanced Clinical and Sports Massage with Springtime graduation, cap and gown.</p>	<p>December 2018</p> <p>Success! Your degree level qualification in Jing Advanced Clinical and Sports Massage with Springtime graduation, cap and gown.</p>



**PROFESSIONAL
DIPLOMA IN ADVANCED
CLINICAL AND SPORTS
MASSAGE BTEC LEVEL 6**

SCHEDULE: YEAR 2 and 3

Prerequisite: Complete Jing ACMT

Orientation	Saturday 12 September 2015
Sports and Events Techniques	Sunday 13 September 2015
Marketing 1	Wednesday 21 October 2015
Soft Tissue Release	Thursday 22 - Friday 23 October 2015
Fascial Foundation	Thurs 26 - Sat 28 November 2015
Myofascial Release	Thurs 28 - Sat 30 January 2016
Structural Fascial Bodywork	Thursday 3 - Saturday 5 March 2016
Tutorial Day	Friday 1 April 2016
Anatomy of Injury	Saturday 2 - Sunday 3 April 2016
Marketing 2	Wednesday 20 April 2016
Clinical Mastery Days	Thursday 21 - Friday 22 April 2016
Pathology for the Massage Therapist	Thursday 19 - Friday 20 May 2016
Orthopaedic Assessment 1	Sat 7 - Sun 8 Feb 2015 or Thurs 9 - Fri 10 June 2016
Orthopaedic Assessment 2	Thurs 26 - Fri 27 Mar 2015 or Thurs 14 - Fri 15 July 2016
Rehabilitation for Sports & Injury	Saturday 10 - Sunday 11 September 2016
Clinical Mastery Days	Thursday 3 - Friday 4 November 2016
Research Day 1	Saturday 5 November 2016
Research Day 2	Sunday 4 December 2016
3 Tutorial Days	To be announced
Completion Day	Friday 8 September 2017





**CERTIFICATE
IN ADVANCED
MYOFASCIAL
RELEASE**

Become an expert Myofascial Practitioner

Fascia is the tissue that surrounds and connects all the structures in the body. Learning effective release techniques can be the missing key to solving chronic pain. We have been offering courses in MFR for over 10 years in Britain and training therapists in the US since 1999.

Having trained with the experts from the US and Europe, Rachel Fairweather has designed a unique course that combines indirect and direct forms of MFR, enabling you to choose what works best for you and your clients.

Feel confident working with all types of injuries and chronic systemic conditions such as Chronic Fatigue, ME, Rheumatoid Arthritis and those in trauma.

3 MODULES - 3 MONTHS

PRICE: 9 DAYS (3 x 3 DAYS) £950 +VAT or £350 +VAT per module

MODULE	COURSE	DATES		
1	Fascial Foundation	Fri 14 - Sun 16 Nov 2014 BRIGHTON	Thurs 23 - Sat 25 April 2015 BRIGHTON	Thurs 26 - Sat 28 Nov 2015 BRIGHTON
2	Myofascial Release	Wed 22 - Fri 24 Oct 2014 KENDAL Fri 23 - Sun 25 Jan 2015 BRIGHTON	Thurs 28 - Sat 30 May 2015 BRIGHTON	Thurs 28 - Sat 30 Jan 2016 BRIGHTON
3	Structural Fascial Bodywork	Fri 20 - Sun 22 Feb 2015 BRIGHTON	Fri 26 - Sun 28 June 2015 LONDON Sun 1 - Tues 3 Feb 2015 WIGAN	Thurs 3 - Sat 5 March 2016 BRIGHTON



Start with any CPD course, but we recommend:

FOUNDATION IN ADVANCED CLINICAL MASSAGE 3 DAYS

Module 1 of the **Certificate in Advanced Clinical Massage** and the **Professional Diploma in Advanced Clinical and Sports Massage BTEC Level 6**. Three days that will transform your practice. Learn to work more specifically with greater integration of Western medical soft tissue techniques with Eastern modalities:

- **Tai Chi, TCM and Table Shiatsu:** to work deeper with less effort and bring new insight to chronic conditions that challenge western practitioners.
- **Advanced Sports Stretching** - for major muscles.
- **Trigger point therapy for Neck, Shoulder and Low Back Pain**
- **Deep Tissue and Forearm massage** - save your hands, your back and your practice.
- **Myofascial Release** - learn indirect and direct techniques to incorporate in your work right away.

**COURSES CAN BE STAND ALONE, CPD OR TO GAIN CREDIT TOWARDS
THE BTEC LEVEL 6**

Become one of the highest educated, professional soft tissue experts in the UK

PRICE: £350 +VAT

2014: Friday 5 - Sunday 7 December	BRIGHTON
2015: Thursday 26 - Saturday 28 February	BRIGHTON
Thursday 30 April - Saturday 2 May	BRIGHTON
Wednesday 20 - Friday 22 May	KENDAL
Friday 12 - Sunday 14 June	LONDON
Friday 18 - Sunday 20 September	BRIGHTON
Thursday 3 - Saturday 5 December	BRIGHTON
2016: Thursday 18 - Saturday 20 February	BRIGHTON
Friday 16 - Sunday 18 September	BRIGHTON
Thursday 1 - Saturday 3 December	BRIGHTON

Courses included in the ACMT Certificate:

We offer the following Advanced Clinical Massage Courses for the treatment of pain as stand alone 1, 2 and 3 day courses:

- Low Back Pain: Sciatica, Herniated Disc, Acute Locked Back & Piriformis Syndrome
- Neck and Shoulder: Migraine, Whiplash, Cervical Sprain
- Shoulder Girdle Pain: Frozen Shoulder, Dislocation & Bursitis
- Carpal Tunnel, Wrist and Arm Pain
- Advanced Sports Stretching
- Wrist and Arm RSIs: Carpal Tunnel, Golfers and Tennis Elbow
- Hip and Pelvis Pain
- Leg, Knee and Foot Pain
- Advanced Sports Stretching
- Living Anatomy

1 Day course = £105 +VAT

2 Day courses = £205 +VAT

3 Day courses = £305 +VAT

See pages 8 and 9 for the dates and locations of these courses.

Courses not included in the ACMT Certificate:

RIBS, THORAX AND ABDOMEN PAIN: Asthma, Thoracic Outlet Syndrome, Intercostal Pain, Breathing Complications 2 DAYS

You can help increase breathing capacity for athletes, people with asthma and recovering cancer patients. Your clients will love you for this work!

LEARN:

- A powerful protocol adapted from osteopathic techniques, visceral manipulation, myofascial release, remedial and trigger point work to identify and relieve the source of pain in 1-6 treatments.
- Palpate and treat the relevant musculo-skeletal and visceral anatomy including: the intercostal muscles, pectoralis minor, lungs, diaphragm, rectus abdominis.
- The causes and contraindications of thoracic pain pathologies.

PRICE: £205 +VAT

2015: Sat 31 October - Sun 1 November
BRIGHTON

TMJ PAIN: Headache, Jaw Pain, Bruxism and Bell's Palsy 1 DAY

This workshop was developed by a massage therapist with 20 years experience as a dental nurse. These skills will help you achieve astounding results with patients who cannot find relief elsewhere.

LEARN:

- A powerful protocol to treat TMJ (temporomandibular joint syndrome) incorporating a range of advanced techniques such as trigger point therapy, STR, and myofascial release.
- To find, palpate and treat the relevant musculo-skeletal anatomy including: the temporomandibular joint, masticatory muscles, digastric muscles, sternocleidomastoid, and trapezius.
- The causes and contraindications of head and face pain.

PRICE: £105 +VAT

2014: Thursday 2 October	BRIGHTON
Sunday 19 October	WIGAN
2015: Thursday 15 January	BRIGHTON
Thursday 15 October	BRIGHTON

WORKING WITH THE SPINE 2 DAYS

Lose your fear of working with the spine in this fascinating workshop combining insights from bodywork, physiotherapy and yoga.

LEARN:

- Detailed anatomy of the spine and relevant musculo-skeletal, ligamentous and fascial structures.
- Body reading: how to visually assess spinal bends, excessive curvature and rotations.
- Advanced soft tissue techniques to free spinal restrictions. Techniques include: direct and indirect myofascial release, trigger point, stretching and osteopathic skills adapted for the massage therapist.
- Effective and safe movement exercises for your client.
- The causes and contraindications of spinal pathologies including herniated disc, ankylosing spondylitis, spinal arthritis.

PRICE: £205 +VAT

2015: Thursday 21 - Friday 22 May	BRIGHTON
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TABLE THAI MASSAGE 1 DAY

This fun and energetic class will enable you to incorporate Thai Yoga massage stretches and techniques into your table based treatments.

LEARN

- A full body treatment that is beneficial for the receiver and practitioner.
- A fluid rhythmic protocol of facilitated stretching, yoga positions & energy release.
- To use your forearms, fists, knuckles and feet! for variation in working practice and protection from hand and wrist injury.

PRICE: £105 +VAT

2014: Thursday 13 November	BRIGHTON
2015: Thursday 9 April	BRIGHTON
Thursday 17 December	BRIGHTON

PREGNANCY AND POST-NATAL MASSAGE 3 DAYS

This course is invaluable if you would like to treat anyone who cannot lie comfortably on their stomach. You do not need any specialised equipment for this work.

LEARN:

- The anatomy of pregnancy.
- A full body protocol in the side-lying position.
- How to treat specific concerns during pregnancy such as carpal tunnel syndrome, sciatica, oedema, migraines, neck, shoulder and low back pain.
- The physical/emotional transformation of women during pregnancy and post birth.
- Safety guidelines regarding pregnancy contraindications and/or risk factors.

PRICE: £305 +VAT

2015: Friday 30 January - Sunday 1 February	BRIGHTON
Friday 5 - Sunday 7 June	BRIGHTON

Hot Stone Courses

Take hot stone massage a step further with our comprehensive training; covering specialised stone techniques developed in New York.

HOT STONE FUSION INTENSIVE

LEARN:

- Exceptional and creative hot stone massage skills for the entire body.
- A fusion of Eastern and Western advanced stone techniques, resulting in a seamless dance of stone and hands-on massage.
- Applied anatomy and advanced trigger point techniques to treat neck, back, shoulder and specific pain patterns.
- Hydrotherapy and deep tissue massage enabling you to use hot and cold stones for any treatment from spa treatments to sports remedial massage.
- Marketing tools so you can immediately start your business development.
- Positive body mechanics to protect your hands, wrists and back, allowing you to be the best massage therapist you can be.
- Everything you need to know about stone massage. There is no need for expensive additional training after this course.

HOT STONE FUSION INTENSIVE 4 DAYS

The 4 day intensive is designed to teach you as much as possible in the time, covering the entire body, plus specialised low back and neck and shoulder pain protocols.

PRICE: £450 +VAT

2014: Thursday 27 - Sunday 30 November

BRIGHTON

2015: Thursday 12 - Sunday 15 November

BRIGHTON

FOREARM AND DEEP TISSUE MASSAGE 1 DAY

This unique one-day course will give you a dynamic 'tool box' of forearm, deep tissue and energy saving advanced strokes that will delight your clients and protect your own body. Highly effective in both relaxation and clinical massage, the Jing approach to saving your hands will teach you to get more effect for less effort and give you the tools to treat any part of the body with minimal use of fingers or thumbs.

LEARN:

- Great forearm strokes for both prone and supine positions for the entire body.
- How to eliminate strokes that hurt your hands and save your thumbs.
- How to achieve depth and pressure through correct use of body weight.
- How to use the principles of Tai Chi to achieve flow and fluidity in your work.
- The adaptation of common Swedish massage strokes to prevent strain.

PRICE: £105 +VAT

2014: Thursday 23 October	BRIGHTON
2015: Thursday 29 January	BRIGHTON
Thursday 17 September	BRIGHTON

ONCOLOGY MASSAGE: WORKING WITH CANCER 2 DAYS

This course gives students an amazing opportunity to gain practical and theoretical skills in working in supportive and palliative care for those with cancer and other life limiting conditions. It includes an introduction to Simple Lymphatic Drainage to help support clients with Lymphoedema or those who are at risk of developing it.

PRICE: £205 +VAT

2015: Saturday 28 - Sunday 29 March	BRIGHTON
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Prerequisites for courses at Jing

We require that students either attend the 7 day Bodywork Beginnings Intensive or have a prior learning of anatomy, physiology or hands-on body work. For appropriate qualifications please see our terms and conditions at: www.jingmassage.com

PROFESSIONAL INSURANCE

As a post-graduate and CPD course provider, we ask for students to gain professional or student insurance for hands-on soft tissue work before attending a course. If you do not have insurance and want to enrol on a course, please call and we will endeavour to direct you to a provider that may help you.

REGISTRATION

If you have any questions regarding booking or registration, please call: **01273 628 942**. We are more than happy to help you find the best course for you. You can book your place and register for courses at www.jingmassage.com with a credit or debit card Alternatively, email: info@jingmassage.com or send by post. We will need the following information from you:

- Your full name
- Your address
- Home and mobile phone numbers
- Name and date of course
- Information on how you wish to pay

As soon as we receive your payment, we will send you a booking confirmation with course and venue details. We regret that we cannot guarantee your place until we receive full payment or a deposit. Please also see the prerequisite section for further information.

Payment options

You can book, register and pay for all our courses at www.jingmassage.com using a credit or debit card.

IF YOU PREFER TO PAY VIA BANK TRANSFER OUR ACCOUNT DETAILS ARE:

BANK: Santander
ACCOUNT NUMBER: 87168648
SORT CODE: 09-01-27

- At the time you book your course we will require a deposit or payment in full.
- For short courses we require a 50% minimum deposit of the course cost. The balance is due on the day prior to the start date of your course.
- For our longer courses please refer to the respective course details. We are happy to work out a payment plan to suit your work/life balance.

JING ADVANCED MESSAGE TRAINING
28/29 Bond Street, Brighton BN1 1RD
info@jingmassage.com

01273 628942
www.jingmassage.com



**CERTIFICATE
IN ADVANCED
CLINICAL
MASSAGE**



**CERTIFICATE
IN ADVANCED
MYOFASCIAL
RELEASE**



**PROFESSIONAL
DIPLOMA IN ADVANCED
CLINICAL AND SPORTS
MASSAGE BTEC LEVEL 6**

CPD COURSE CANCELLATION POLICY

- Deposits for our CPD courses are non refundable but may be transferred to another Jing course with 6 weeks notice given in writing.
- A £50 administration fee will be charged for all course changes.

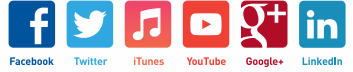
ACMT CANCELLATION POLICY

- The full deposit is **NON-REFUNDABLE**.
- If cancellation of the entire course occurs prior to the course start date you are liable for the **FULL** deposit.
- If cancellation occurs within 3 months after the course commencement you are liable for the **FULL** deposit, plus the cost of individual modules taken.
- If cancellation occurs more than 3 months after the course commencement you are liable for the entire course cost.
- Changes to the dates of course modules will incur an administration fee of £50 per module.

BTEC 6 CANCELLATION POLICY

- The full deposit is **NON-REFUNDABLE**.
- If cancellation of the entire Diploma course occurs prior to the course start date you are liable for the **FULL** deposit and the Edexcel fee.
- If cancellation occurs within 3 months after the course commencement you are liable for the **FULL** deposit, the Edexcel fee plus the cost of individual modules taken and associated costs for assessment.
- If cancellation occurs more than 3 months after the course commencement you are liable for the entire course cost plus the Edexcel fee.
- Changes to the dates of course modules will incur an administration fee of £50 per module.





*The revolution
will be televised!*

Find out all about what's happening in the world
of Jing with Jing TV - our online video blog.

Meet the Jing extended family and get on board
with our adventures in the world of massage
and beyond!

Available for free at: www.jingmassage.com
or subscribe online at iTunes



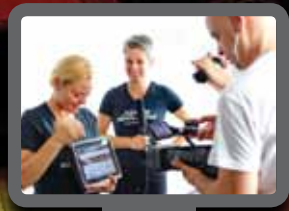
computer



smartphone/tablet



laptop



Proudly announcing our online course

THE JING METHOD: treating low back pain with advanced clinical and sports massage.

Hours' worth of material, jam packed with essential knowledge, entertaining anecdotes and powerful protocols to get results in 1-6 treatments.

Available to purchase online at: www.jingmassage.com

DESIGN BY: Soft Octopus www.softoctopus.co.uk
PHOTOGRAPHY BY: Meghan Mari + Anita Barratt www.anitabarratt.com